



**Inspiring Changemakers:**

Class 6 had a visit from First Aid at Hand, who gave them some amazing life-saving first aid training. They learned how to do CPR, dress wounds and clear someone's airway if they are choking. A big thank you to FOSH for financing this essential learning.



**Community updates:**

On Tuesday, Year 5 had a visit from Asda Pete to chat to the children about healthy eating habits and cook a delicious chicken stir fry! The children helped chop all of the fruit and vegetables for the stir fry then got to taste test at the end. It went down a treat! This session was part of Pete's role as Community Champion for Bideford Asda. We are so lucky to have this resource on our doorstep!



**Key learning this week:**

This week, Reception embarked on their very first school trip to Rosemoor. They had an amazing time exploring the beautiful grounds and were thrilled to experience their first coach journey as a class. They planted seeds, created flower collages, hunted for evergreen trees and found tadpoles in the pond!



**What's new?**

We are proud to introduce our new Pupil Leadership Team, led by Mrs Bolton. They are dedicated to making our school a better place for everyone. Chosen for their confidence, patience, communication and listening skills, they are ready to represent and inspire our school community.



Class 4 travelled by train to Exeter to explore the different collections in the RAMM, in particular the Egyptian mummy, Shep en-Mut. The children saw real life Egyptian artefacts from thousands of years ago! It was a great experience and, for some, it was the first time travelling by train or visiting a museum.

